

The following **Community Groups** serve the City of Lakewood and offer a variety of volunteer opportunities for adults and/or youth.

Boy Scouts 562-427-0911

Volunteers are trained to help in the office and serve as scout troop leaders.

Campfire 562-421-2725

Adult volunteers work with students from grades K-12 mentoring boys and girls who participate in activities, community service, camping, and homemaking.

Friends of the Lakewood Library

This organization benefits Lakewood's libraries. Volunteers work in the bookstore, conduct twice-yearly book sales, and assist with other special events. For information contact Margene Stevens at 562-867-6541. Website: lakewoodlibraryfriends.org

Food Finders 562-283-1400

Food Finders is a food recovery program that collects food and distributes it to local pantries. Volunteers are needed to pick up, deliver and sort and pack food. Website: foodfinders.org

Girl Scouts 562-421-8456

Girl Scout volunteers lead troops, organize activities for girls, and meet new friends, all while making a difference for today's girls. Volunteer positions available include troop leaders, council volunteers, trainers, and board members.

Lakewood Meals on Wheels 562-925-8747

Volunteer duties include: making sandwiches and packing food, driving to participant's home, or accompanying the driver and delivering the meal.



Lakewood Little League, ASA Girls Fastpitch, AYSO Soccer, & Pop Warner

Youth sports organizations need volunteers as coaches, board members, and to assist with fundraising events. Call 562-866-9771, ext. 2408 for specific contact information.

Lakewood Regional Medical Center 562-531-2550, ext. 6534

Volunteers assist the hospital with or without patient interaction. Assignments vary according to immediate needs of the medical center. Must be 18 or older to volunteer.

Ombudsman Program 562-925-2346

Volunteers are trained to protect the rights of residents in nursing homes and other facilities that serve adults. They investigate resident complaints and assist in creating solutions.

Pan American Association

This service organization provides diverse cultural and educational opportunities for the Lakewood community. Website: lakewoodpanam.org Email: info@lakewoodpanam.org

Pathways Volunteer Hospice 562-531-3031

Pathways Volunteer Hospice trains volunteers to serve as hospice companions, volunteer caregivers for the frail or elderly, and grief support group facilitators. Website: pathwayshospice.org

School Volunteers

Most schools use volunteers to assist in the office, in the classrooms, and for special events.

ABC Unified School District — 562-926-5566
Bellflower Unified School District — 562-866-9011
Long Beach Unified School District — 562-997-8000

LA County Sheriff's Department - Lakewood Station
562-623-3500 - Ask for the Community Relations Deputy
Volunteers assist station personnel in a variety of areas such as detective bureau, traffic, front counter, and station tours.

Su Casa 562-421-6537

Volunteers receive 40 hours of training and then work with women who are victims of domestic violence. Website: sucasadv.org

YMCA 562-425-7431

Volunteers serve on the policy boards, as youth sports coaches, and at special events. Website: lbymca.org

Lakewood Volunteer Opportunities



**Get involved and make a
difference in your community!**

lakewoodcity.org/volunteer



The following **City of Lakewood Programs** offer volunteer opportunities for adults and/or youth.

Some of the programs are seasonal.

Adaptive Recreation Programs 562-865-1717

Adaptive recreation is designed to provide equal recreation and leisure opportunities for people with special needs. Volunteers assist staff with supervision.

Block Captains, Neighborhood Watch 562-866-9771, ext. 2114

Volunteers link their neighborhoods to safety services and serve as a liaison with the city and Sheriff's Department.

Burns Community Center Volunteers 562-925-7512

Volunteers are needed to teach recreation classes for active seniors. Teen volunteers are also needed every other Thursday for the year-round Tech Talk Program.

CERT Program - Community Emergency Response Team 562-866-9771, ext. 2402

This free 21-hour training program is for volunteers wanting to assist their neighbors following a major disaster.

Halloween Carnivals 562-866-9771, ext. 2408

Free Carnivals are offered at eight Lakewood parks. Volunteers run game booths and haunted houses.

Lakewood Teen Action Committee (LTAC) 562-429-7472

LTAC is a teen run community service program for all teens in the Lakewood area. Members participate in community service projects, activities and workshops to develop responsibility, build self-esteem and encourage pride in the Lakewood community. Program runs September through May.



Lakewood Volunteer Day 562-925-7512

On one Saturday, each April, volunteers are needed to assist with yard and outside home maintenance repair at homes of low income, senior or disabled residents. Call as early as February to sign up to volunteer or suggest a site.

Lakewood Youth Sports 562-866-9771, ext. 2408

Volunteer coaches are needed to coach baseball, softball, flag football, volleyball, and basketball programs.



Project Shepherd 562-925-7512

This is a holiday food assistance program for Lakewood residents. Volunteers are needed to sort donations, pack boxes of food, assist with home deliveries, and help with paperwork during the months of November and December.

Special Olympics 562-865-1717

Staff and volunteers help with coaching and general supervision of children, teens and adult participants with special needs in the year-round Special Olympics Program.

Tax Assistance Program 562-630-6141

This program provides free assistance in preparing state and federal income tax returns. Volunteers are trained in late January and then volunteer through April 15th.

Teen Volunteers 562-429-7472

Teen volunteers assist with a variety of programs and special events. Teen volunteers must be at least 12 years of age and have an interest in serving the community. Opportunities are available through the Lakewood Youth Center.

Weingart Senior Center Volunteers 562-630-6141

Volunteers assist staff in a variety of areas including: working the information desk and light clerical duties, helping with a variety of special events, assisting with the senior lunch program, assisting with food distribution for the brown bag program twice a month, and helping with general facility maintenance.

ZONE After School Program 562-866-9771, ext. 2408

Volunteers assist park staff at the Activity ZONE, an after-school program at Lakewood parks that provides general supervision to children including arts and crafts, homework help, and sports activities.

The following **Lakewood Service Clubs** offer a variety of year-round volunteer opportunities.

Lakewood Jaycees

The Lakewood Jaycees provide leadership training through community service for adults 18-40. Jaycee sponsored events include the Miss Lakewood Pageant, the Teens in Lakewood Care (TLC) program, and a program that provides school clothes for needy students. For additional information, contact Caren Spilsbury at 562-822-4985, or csglines@aol.com.

Lakewood Lions Club

The Lakewood Lions Club focuses on issues involving eyesight, whether it is refurbishing used glasses, providing eye exams for children who cannot afford it, or raising awareness. For more information go to www.lionsclubs.org, or contact Andy Muniz at 562-920-9667.

Rotary Club of Lakewood

The Rotary Club presents opportunities to do service for others. Rotary meets weekly for lunch and fellowship to plan various community service activities. For additional information go to www.rotaryoflakewood.org.

Soroptimist International of Lakewood/Long Beach

Soroptimist of Lakewood/Long Beach is a group of professional women who, through volunteer services and fundraising activities, work to improve the lives of women and girls. For information on membership, or volunteering email silakewood.longbeach@soroptimist.net.