

Recreation & Community Services • City of Lakewood

# Community Assistance Directory



**L.A. County Info Line  
Dial 211**

**[www.211la.org](http://www.211la.org)**

A 24 hour, 7 days a week multilingual information and referral service. This agency has up-to-date information on a variety of services, from emergency food and shelter to transportation and other services.

## **HEALTHCARE AND AGING**

**Bellflower Health Center, L.A. County** (562) 804-8112  
10005 E. Flower St., Bellflower, 90706 [dhs.lacounty.gov/bellflower](https://dhs.lacounty.gov/bellflower)  
M-F 8:00 a.m.- 4 p.m. By appointment only.

**Comprehensive Care Center** (562) 599-2153  
1333 Chestnut Ave. #205 A, Long Beach, 90813 [dhs.lacounty.gov/longbeach](https://dhs.lacounty.gov/longbeach)  
Office Hours: M,W-F 8:00 a.m.-4:30 p.m. Tu. 11:00 a.m.- 6:30 p.m.  
Clinic hours M-F 7:30 a.m.-7:30 p.m.

**Harbor - UCLA Medical Center** (310) 222-2345  
1000 Carson St., Torrance, 90502 [dhs.lacounty.gov/harbor-ucla-medical-center](https://dhs.lacounty.gov/harbor-ucla-medical-center)  
Hours: M-F 8:00 a.m.– 5:00 p.m. for general medical services;  
evenings and weekends for emergency care only. ER is 24 hrs.

**Los Angeles County Health Line** (800) 427-8700  
Phone lines open 24/7. [lacountyhelps.org](https://lacountyhelps.org)

**Medicare Information Line** (800) MEDICARE  
633-4227

**Pathways Volunteer Hospice** (562) 531-3031  
4645 Woodruff Ave., Lakewood, 90713 [pathwayschb.org](https://pathwayschb.org)  
In-home hospice services, grief preparation and support, care giving  
and companionship program.

**Senior Case Manager at Weingart Senior Center** (562) 630-6141  
5220 Oliva Ave., Lakewood, 90712. Appointments on Mon. & Sat.

**Wesley Health Centers - Bellflower** (562) 867-7999  
14371 Clark Ave., Bellflower, 90706 [jwchbinstitute.org/locations](https://jwchbinstitute.org/locations)  
M-F 8:00 a.m.-5 p.m.

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NOTE: This list reflects the information available at the time it was compiled by city staff,  
and is subject to change. Please call to verify before visiting the facility.

## **EMPLOYMENT**

To apply for unemployment benefits, visit: [www.edd.ca.gov](http://www.edd.ca.gov)

**America's Job Center of CA** (562) 402-9336  
10900 E. 183rd St. #392, Cerritos, 90703 [www.selacowdb.com](http://www.selacowdb.com)  
M-F 8 a.m.-5 p.m. Provides career development and placement assistance.

**Pacific Gateway Career Transition Center** (562) 570-3700  
4811 Airport Plaza Dr. #120, Long Beach, 90815 [www.pacific-gateway.org](http://www.pacific-gateway.org)  
M-F 8 a.m.-5 p.m. Agency that connects job seekers to employment opportunities. Full-service resource center and workshop location.

## **MENTAL HEALTH AND OTHER SERVICES**

Women Experiencing Domestic Violence (*Hotline, 24 hrs*) (562) 402-4888  
[www.sucasadv.org](http://www.sucasadv.org)

Care Solace (*Mental Health Referral System*) (866) 515-7881  
[www.caresolace.com/site/lakewoodca](http://www.caresolace.com/site/lakewoodca)

Community Family Guidance Center (*in Cerritos*) (562) 924-5526  
Children's Mental Health Services [www.cfgcenter.com](http://www.cfgcenter.com)

Elder Abuse Hotline (877) 4 R SENIORS  
477-3646

Los Angeles County Mental Health (*in Cerritos*) (800) 854-7771

Los Angeles County Social Services (866) 613-3777

Los Angeles County Substance Abuse Helpline (844) 804-7500

Los Angeles County Veterans' Services (877) 4 LA VETS  
452-8387

Suicide Prevention Crisis Line, 24 hrs 988 or (800) 273-8255

## **FOOD AND SHELTER**

### **Catholic Charities - Long Beach Community Services Center**

123 E. 14th St., Long Beach, 90813 (213) 251-3432

T-TH, 9:30 a.m.-12:30 p.m. & 1:00 p.m.-3 p.m. [catholiccharitiesla.org](http://catholiccharitiesla.org)

Emergency food, personal care items, formula, and diapers. Proof of income and identification is needed.

### **Christian Outreach in Action**

(562) 432-1440

515 E. 3rd St., Long Beach, 90802

[coalongbeach.org/services-3](http://coalongbeach.org/services-3)

Food bank, hot meals (breakfast, lunch & dinner), legal clinic, clothing and diaper bank. Call for specific times and requirements

### **Disabled Resource Center**

(562) 427-1000

2750 E. Spring St. #100, Long Beach, 90806

[drcinc.org](http://drcinc.org)

M-F 8 a.m.– Noon 1-5 p.m. Referrals for emergency shelter, food & transportation, housing assistance, utility assistance and counseling.

### **Long Beach Multi-Service Center**

(562) 570-4500

1301 W. 12th St., Long Beach, 90813

[longbeach.gov/homelessness](http://longbeach.gov/homelessness)

Intake M-W & F 8 a.m.-4 p.m. & Th 8 a.m.-2 p.m. Closed 12 - 1p.m.

Showers, toilet facilities, case management, housing referrals, & job placement.

### **Lutheran Social Services**

(562) 599-1321

1611 Pine Ave., Long Beach, 90813

[lsssc.org](http://lsssc.org)

M-Th 10 a.m.-12 p.m. & 12:30-2 p.m. 8am-5pm appt. only

Emergency food, clothing and emergency shelter; employment preparation; literacy classes.

### **LA HOP**

[la-hop.org](http://la-hop.org)

Referrals for homeless support & prevention services are available to anyone who is homeless or at risk of becoming homeless.

### **Project Shepherd**

[lakewoodcity.org/projectshepherd](http://lakewoodcity.org/projectshepherd)

Burns Community Center

(LKWD Residents Only, Zip Codes 90712 & 90713)

(562) 925-7512

Palms Park (LKWD Residents Only, Zip Code 90715)

(562) 865-6414

### **Food Bank of SoCal, Long Beach**

(562) 435-3577

### **Long Beach Rescue Mission**

(562) 591-1292

### **Los Angeles Homeless Services Authority**

(213) 683-3333