



## Disaster Kit Check List

Recent natural disasters have shown the importance of preparedness for any emergency. It is important that everyone be prepared in case they should be displaced from their home. The City of Lakewood recommends that you prepare for 7 days. Please utilize the attached to list to build survival kits specific to each family member's personal needs. Involve your family members in customizing their kit in a manner that will allow each to thrive during any hardship.

Also see: California Office of Emergency Services Home Page: <http://www.oes.ca.gov>

### Short emergency kit list:

- Flashlight with batteries
- Portable radio with batteries (Tune into KLWD 1620 am for emergency information)
- Car tool kit, including car battery booster cables
- Heavy shoes, extra clothing, gloves, extra glasses
- Blankets or sleeping bags
- Fire extinguisher (ABC type)
- Large plastic garbage bags
- Personal hygiene items
- Records of prescriptions
- Important phone numbers
- Cash, including a roll of quarters for phone calls
- A fireproof box for documents
- Food and water for 3 to 7 days
- Can opener
- Carrying bag

### Expanded list:

Stocking up now on emergency supplies can add to your safety and comfort after an earthquake. Store enough supplies for at least 7 days.

### Essentials

- Water: 1 gallon per person per day (a week's supply of water is preferable)
- Water purification kit
- First aid kit, freshly stocked
- First aid book
- Food expanded list
- Can opener (non-electric)
- Blankets or sleeping bags
- Portable radio, flashlight and spare batteries (Tune into KLWD 1620 am for emergency information)
- Essential medication
- Extra pair of eyeglasses
- Extra pair of house and car keys
- Fire extinguisher: A-B-C type



Food, water and restraint (leash or carrier) for pets  
Cash and change  
Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices.

### **Sanitation Supplies**

Large plastic trash bags for waste, tarps and rain ponchos  
Large trash cans  
Bar soap and liquid detergent  
Shampoo  
Toothpaste and toothbrushes  
Feminine hygiene supplies  
Toilet paper  
Household bleach

### **Safety and Comfort**

Sturdy shoes  
Heavy gloves for clearing debris  
Candles and matches  
Light sticks  
Change of clothing  
Knife or razor blades  
Garden hose for siphoning and fire fighting  
Tent  
Toys for children  
Communication kit: paper, pens, stamps

### **Cooking**

Plastic knives, forks, spoons  
Paper plates and cups  
Paper towels  
Heavy-duty aluminum foil  
Camping stove for outdoor cooking  
(Caution: before using fire to cook, make sure there are no gas leaks; never use charcoal indoors)

### **Tools and Supplies**

Axe, shovel, broom  
Adjustable wrench for turning off gas  
Tool kit including a screwdriver, pliers and a hammer  
Coil of 1/2" rope  
Plastic tape, staple gun and sheeting for window replacement  
Bicycle  
City map