



Minutes

Lakewood City Council

Adjourned Regular Meeting held
May 13, 2008

MEETING WAS CALLED TO ORDER at 5:30 p.m. by Mayor Croft in the Council Chambers at the Civic Center, 5000 Clark Avenue, Lakewood, California.

ROLL CALL: PRESENT: Mayor Steve Croft
Vice Mayor Todd Rogers
Council Member Diane DuBois
Council Member Joseph Esquivel
Council Member Larry Van Nostran

PROPOSED REUSE OF SPACE AT BURNS COMMUNITY CENTER

Lisa Litzinger, Director of Recreation and Community Services, displayed slides and made a presentation based on the memo in the agenda. She stated that the William J. Burns Community Center had opened in 1976 to provide a central home to human service agencies for the community. She stated that over time, needs and uses had changed, with the most recent use of the Center's second floor as temporary offices for the Sheriff's Department staff during the renovation and expansion of the Lakewood Sheriff's Station. With the completion of the Station, the Sheriffs had vacated the Center and staff had conducted research to find the best use of the space. Upon recognizing the 50+ age group as the fastest growing segment of the community, staff identified the Nifty After Fifty program, a membership-based wellness center for adults age 50 and older, as a potential good fit for the Burns Center. She outlined the programs and services offered and displayed a video about the Nifty After Fifty Program. She reported that in addition to a rental fee for the use of space at the Burns Center, Nifty After Fifty would offer a \$10 per month discount from their monthly program fees for Lakewood residents. It was the recommendation of staff that the City Council authorize the execution of a rental agreement with Nifty After Fifty for the period from July 1, 2008 through June 30, 2013.

Vice Mayor Rogers determined from Ms. Litzinger that the resident discount would be a permanent feature of the program during the five-year term of the contract.

Responding to questions from Council Member Van Nostran, Ms. Litzinger stated that the program offered several monthly plans including either two- or three-days-per-week visits and access to spa services. She also noted that City staffing at the Burns Center would only be required until 8 p.m. when the program closed to clients, as the Nifty After Fifty staff could utilize a separate entrance.

In response to questions from Mayor Croft and Vice Mayor Rogers, Assistant Director of Recreation and Community Services Tom Lederer stated that when comparing the proposed rental fees with the market rates for commercial property, the discounts provided to Lakewood residents would offset the difference.

PROPOSED REUSE OF SPACE AT BURNS COMMUNITY CENTER - Continued
Council Member Van Nostran confirmed with the City Attorney that the liability insurance requirements had been recommended by the California Joint Powers Insurance Authority.

Responding to questions from the Council Members, Dr. Sheldon Zinberg, founder of Nifty After Fifty, stated that studying participants in the program had shown had after 12 weeks in the program, balance had been improved to such a degree that falls and fractures among participants were reduced by as much as 90 percent.

COUNCIL MEMBER DUBOIS MOVED AND COUNCIL MEMBER VAN NOSTRAN SECONDED TO APPROVE STAFF'S RECOMMENDATION.

Vice Mayor Rogers stated that he had philosophical reservations about the rental of space in a City facility to a for profit business.

UPON ROLL CALL VOTE, THE MOTION WAS APPROVED:

AYES: COUNCIL MEMBERS: Esquivel, DuBois, Rogers, Van Nostran and Croft

NAYS: COUNCIL MEMBERS: None

ADJOURNMENT

There being no further business to be brought before the City Council, Mayor Croft adjourned the meeting at 6:18 p.m.

Respectfully submitted,

Denise R. Hayward, CMC
City Clerk