

Mayfair Pool Swim Information

Online Summer Swim Lesson Registration – lakewoodcity.org/ecatalog
Pre-registration is required for all programs.

Youth and Adaptive lessons offered Monday - Friday
9 a.m. - 5 p.m.

Fee Schedule

Pre-registration required. No walk-in registration.

| Class Levels | |
|--|--------------------|
| Parent & Me | 6 months - 3 years |
| Tiny Tots 1-3 | 3-5 years |
| Levels 1- 6 = 6 -15 years | |
| Tadpole 1-3 | Level 1-3 |
| Minnows | Level 4 |
| Swordfish | Level 5 |
| Shark | Level 6 |
| Adult Lessons = 16 & older 4 one-hour lessons for a two-week session T/TH at Mayfair, 7:30 - 8:30 p.m. | |

| Swim Lessons | Resident Rates | Non-Resident Rates |
|--------------|----------------|--------------------|
| M-F | \$26 | \$38 |
| Saturday | \$19 | \$31 |
| Adaptive | \$41 | \$53 |
| Adult | \$26 | \$38 |

Aquatics Refund Policy

- All refunds/withdrawals must be requested prior to the start of the third lesson. Call the pool office or email requests to aquatics@lakewoodcity.org.
- There is a \$5 administrative fee for each participant for refunds, withdrawals and class transfers.
- Refund, withdrawal and transfer requests will be issued at the discretion of the Pool Manager.
- Transfer requests will not be granted after the first class meeting.

| Special Classes |
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| Adaptive • Ages 3+ Swim lessons for those with special needs, such as hearing, visual, or developmental disabilities. |
| Diving • Ages 6-17 Must have passed a Minnow class or higher. |

Swim Lesson and Pool Rules



- Come ready to swim in your swimsuit.
- Unaccompanied swimmers are required to be at least 48 inches tall or have a valid Minnow (Level 4) Red Cross swimming card. Youngsters not meeting this requirement must be accompanied in the pool area by an adult (18 years or older) on a one-to-one bases.
- Swim diapers must be worn by all children four years and younger and are available for purchase at the pool.
- All entry and exit of the facility must be done through the Swim Pavilion.
- Approved swimsuits are required. No cut off pants, leotards, sweats, basketball shorts or shirts are allowed (rash guards only). Suits and towels are not provided.
- Only those in proper swimwear may remain on the pool deck. All others must stay on the grass area.
- Swimmers with long hair must tie their hair in a ponytail.
- No toys, inflatables, water wings, or life jackets (except Coast Guard approved) allowed in the pool.
- Minimum enrollment required for each class.
- Each session includes 9 days of instruction and 1 fun day. students may be moved to the most developmentally appropriate level.
- Classes are subject to cancellation and class schedule is subject to change.
- **as part of ongoing training, City of Lakewood pool personnel may participate in emergency drills during recreational swimming, lap swim, swim lessons and rentals.

Mayfair Pool • 5720 Clark Avenue, Lakewood 90712 • 562-804-4256

Registration Dates

| Sessions | Lesson Dates | Resident Online Registration Dates | Non-Resident Registration Dates | Online Registration Ends |
|-----------------------------|---|------------------------------------|---------------------------------|--------------------------|
| Saturday Session 1 | June 19 - July 17 | June 12 at 7pm | June 15 at 7pm | June 18 at 12pm |
| Summer 1 | June 21 - July 2 | June 12 at 7pm | June 15 at 7pm | June 19 at 12pm |
| Summer 2 | July 5 - July 16 | June 26 at 7pm | June 29 at 7pm | July 3 at 12pm |
| Summer 3 | July 19 - July 30 | July 10 at 7pm | July 13 at 7pm | July 17 at 12pm |
| Saturday Session 2 | July 31 - Aug. 28 | July 24 at 7pm | July 27 at 7pm | July 31 at 12pm |
| Summer 4 | Aug. 2 - Aug. 13 | July 24 at 7pm | July 27 at 7pm | July 31 at 12pm |
| Summer 5 | Aug. 16 - Aug. 27 | August 7 at 7pm | August 10 at 7pm | August 14 at 12pm |
| Post Summer Private Lessons | M & W Aug. 30-Sept. 27 or T & Th Aug. 31-Sept. 23 | August 21 at 7pm | August 24 at 7pm | August 28 at 12pm |

Mayfair Pool Activity Schedule

| Lap Swim Schedule | | |
|--|---|---|
| Activity | Dates/Times | Fee Schedule |
| Recreation Swim Session 1: 1-230pm Session 2: 245-415pm Not all sessions offered daily. | July 19 - August 29 Monday - Friday: Session 1 only Saturdays: Session 1 & 2 Sundays: Session 2 only September 4-6: Session 1 & 2 | Lakewood resident Fee: Ages 17 & Under: \$1.00 Ages 18 & Older: \$1.50 Non-Resident Fee: Ages 17 & Under: \$2.00 Ages 18 & Older: \$3.00 Recreation Swim is cash only |
| Adult Lap Swim For ages 16 and over. Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool. | June 19 - August 28: Monday - Thursday: 6 - 7 p.m. Mondays & Wednesdays: 7:30 - 8:30 p.m. Saturdays: 8:30 - 9:30 a.m. | Lakewood Resident Fee: Adult Lap Swim: \$2.00 Non-Resident Fee: Adult Lap Swim: \$3.00 Pre-registration required |
| Lap Swim 50+ For ages 50 and over. Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool. | June 20 - July 25 *No class July 4 August 1 - August 29 Sundays: 11 a.m. 12:30 p.m. | Lakewood Resident Fee: 50+ Lap Swim: \$10.00 Non-Resident Fee: 50+ Lap Swim: \$15.00 Pre-registration required |

Aqua Zumba

Grooving to the beats of salsa, flamenco and merengue music feels more like a dance party than a workout...especially when you add water! This is exactly what makes Aqua Zumba so popular. Easy on the joints and intense on the fun. This is a summer workout that can't be beat! Join the party today! Instructor: Kick It Up Staff

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|-------|---|---------------|-----------|-----|-------------|
| 19822 | M | 6:00pm-7:00pm | 6/21-7/19 | MPL | \$45/5 Mtgs |
| 19854 | W | 6:00pm-7:00pm | 6/23-7/21 | MPL | \$45/5 Mtgs |
| 19853 | M | 6:00pm-7:00pm | 7/26-8/23 | MPL | \$45/5 Mtgs |
| 19855 | W | 6:00pm-7:00pm | 7/28-8/25 | MPL | \$45/5 Mtgs |



Water Aerobics (Summer Shallow)

It's going to be a long hot summer! Stay healthy and active! Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! Instructor: City Staff

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|-------|------|---------------|-----------|-----|-------------|
| 20150 | Sa | 8:30am-9:30am | 6/19-7/17 | MPL | \$24/4 Mtgs |
| 20147 | T,Th | 6:00pm-7:00pm | 6/22-7/8 | MPL | \$36/6 Mtgs |
| 20148 | T,Th | 6:00pm-7:00pm | 7/13-7/29 | MPL | \$36/6 Mtgs |
| 20151 | Sa | 8:30am-9:30am | 7/31-8/28 | MPL | \$30/5 Mtgs |
| 20149 | T,Th | 6:00pm-7:00pm | 8/3-8/26 | MPL | \$48/8 Mtgs |

Water Aerobics 50+

It's going to be a long hot summer! Stay healthy and active! Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! This class is for ages 50 and older. Instructor: City Staff

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|-------------------|----|-----------------|-----------|-----|-------------|
| *No class July 4. | | | | | |
| 20310 | Su | 11:00am-12:00pm | 6/20-7/25 | MAY | \$30/5 Mtgs |
| 20311 | Su | 12:30pm-1:30pm | 6/20-7/25 | MAY | \$30/5 Mtgs |
| 20312 | Su | 11:00am-12:00pm | 8/1-8/29 | MAY | \$30/5 Mtgs |
| 20313 | Su | 12:30pm-1:30pm | 8/1-8/29 | MAY | \$30/5 Mtgs |

Save a Life

Saturday, July 24, 9-11 a.m. at Mayfair Pool

This FREE 30 minute lesson is designed to emphasize safety around water for children and parents. All ages are encouraged to attend. Online pre-registration begins July 10. Registration may be taken at the event if space permits. Classes are scheduled for 9:30, 10:00 and 10:30 a.m. Swim diapers are required for all children four and under. Approved swimsuits required. Learn more about the **Water Watcher** program and pick up your free **Water Watcher** tag. Keep kids safe in and around the pool by designating an adult **Water Watcher**.

Other activities include:

- Free swimming lessons for kids
- Water Safety/CPR
- Activity Stations
- Life Jacket Fittings



Junior Lifeguard Program

The Lakewood Junior Lifeguard Program provides youth the opportunity to improve swimming skills, receive a basic understanding of water rescues and become certified in CPR and First Aid. The program is geared towards ages 12-15. The goals of the Junior Lifeguard program include enhancing interpersonal skills through training in public contact and teamwork, developing a sense of responsibility, and a strong work ethic. The program provides continuing education in water safety, hazards in aquatic environments, and basic water rescue. Junior Lifeguard candidates should be able to perform the front crawl, breaststroke and backstroke. Daily classes consist of workouts and classroom study. Participants may earn the privilege to assist swim instructors during swim lessons and assist staff at special events. Registration at each pool is limited, early registration is encouraged.

- Proof of age required.
- Registration fee includes: T-shirt, trainings, and end of summer party.
- Participants will be trained in American Red Cross CPR and First Aid. Class date TBA.
- A \$31 materials fee, payable to the City of Lakewood, is due at the beginning of class. Certification is optional.

21107 M-F 8-9:30 a.m. 7/12-8/20 MPL \$60 • Non-residents, please add \$15 to program fee.

**All teen volunteers must complete a Live Scan fingerprint and background screening process prior to volunteering in this program. A parent/guardian signed release is required to complete the Live Scan process.*